TO HONOR THE
DIGNITY OF EACH
PERSON WE SERVE AND PARTNER WITH THEM ON A JOURNEY TOWARDS BETTER HEALTH.

2018 ANNUAL REPORT
Dear Friends of STRIDE Community Health Center:

Thank you for taking some time to review our 2018 annual report. It was a remarkable year for us in my first full year as CEO of this incredible organization. Many of our accomplishments can be measured such as how we increased access to care through adding Convenient Care to North Aurora Family Health Services and activated our Medication Assisted Treatment (MAT) Program to address the Opioid epidemic. We also stabilized our finances, made great improvements in our compliance and quality outcomes, and increased employee retention.

These things are positive indicators of our future trajectory and reflect the palpable enthusiasm alive at STRIDE. That momentum will be further lifted through our new name and the establishment of our strategic plan. We have now fully transitioned to our new identity as STRIDE Community Health Center and it was the progress from 2018 that led the way. Our board, patients,
and employees told us that the core of our purpose is to honor the dignity of each person we serve and partner with them on a journey towards better health. This new name is a meaningful reflection of how we STRIDE in unity with our patients, along with our COMMUNITY partners, resulting in improved lives and HEALTH through a true CENTER of comprehensive resources and integrated services.

We certainly celebrate 2018 and move forward through 2019 and beyond, with a sense of urgency to act on our strategic plan and the domains of Accessible Services, Best Work, Community Voice, and Thriving Lives.

Thank you for being a part of this journey with us.

Be well,

Ben Wiederholt
President & CEO
188,951
TOTAL PATIENT ENCOUNTERS

ENCOUNTERS

- Medical: 69%
- Dental: 16%
- Behavioral Health: 7%
- Case Management & Health Education: 8%

PATIENTS

- Medical: 91%
- Behavioral Health: 32%
- Case Management & Health Education: 16%
- Dental: 19%
Patients by

AGE

◆ Under Age 1 ......................... 2.8%
◆ Preschool (1-4 y.o.) ................ 7.4%
◆ School Age (5-17 y.o.) .......... 20.3%
◆ Young Adults (18-44 y.o.) ..... 38.4%
◆ Adults (45-64 y.o.) ............... 24.9%
◆ Senior Adults (65+ y.o.) ........ 6.2%

INCOME LEVEL

% Federal Poverty Level (FPL)

◆ 100% & below FPL ............... 62.0%
◆ 101-150% of FPL ................ 15.9%
◆ 151-200% of FPL ................ 7.4%
◆ Over 200% of FPL ............... 4.4%
◆ Unknown ........................... 10.3%

2018 Federal Poverty Level was $25,100 for a family of 4

INSURANCE TYPE

◆ None/Uninsured .................... 41.2%
◆ Medicaid ............................. 46.4%
◆ Medicare ............................ 6.1%
◆ Private Insurance ................ 4.2%
◆ CHP+ .................................. 2.1%

RACE

◆ Asian ................................. 5.0%
◆ Pacific Islander ..................... 3.3%
◆ Black/African America ......... 11.3%
◆ American Indian/Alaskan .... 0.6%
◆ White ................................. 72.7%
◆ More than One Race ............ 3.4%
◆ Unreported ......................... 6.7%

ETHNICITY 51% HISPANIC
2018 ANNUAL BUDGET

<table>
<thead>
<tr>
<th>REVENUE</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants</td>
<td>$18,060,558</td>
</tr>
<tr>
<td>Program Income</td>
<td>$28,901,721</td>
</tr>
<tr>
<td>Other Income (including Special Events &amp; Donations)</td>
<td>$2,228,805</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>$49,191,084</strong></td>
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</table>

<table>
<thead>
<tr>
<th>EXPENSES</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$37,031,743</td>
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<tr>
<td>Administration</td>
<td>$7,613,878</td>
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<tr>
<td>Other Expenses</td>
<td>$219,327</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$44,864,948</strong></td>
</tr>
</tbody>
</table>

STRIDE provided more than $15 Million in uncompensated care to uninsured individuals in 2018.

58.75% of Revenue is Patient Generated

$$$$$$$$$$
GRANTS
STRIDE submitted 19 grant applications in 2018, 16 of which were awarded for a total of more than $18 Million in funding. New grant programs included an HPV Project to increase vaccination rates, Behavioral Health Workforce Expansion, Dental Outreach Capacity Expansion on the west side, and Chronic Disease Prevention and Expansion, to name a few.

COLORADO GIVES DAY
$8,717 raised for Cancer Screening
58 donors
22 new donors

RESULTS
41% increase in the total number of donors, compared to 2017.
214% increase in first time donors compared to 2017.
38% of gifts were from first-time donors to STRIDE.

“I felt like everything was possible for me again. It is scary to hear the word ‘cancer’, but since the gift, I got to find out early if this was going to be good or bad.”
—Nora, Colorado Gives Day beneficiary

Through Colorado Gives Day funds, STRIDE was able to cover the cost of Nora’s ultrasound, mammogram and biopsy when she discovered a lump in her breast. We are proud to share that Nora turned out to be cancer-free! And, it wasn’t just Nora who was able to get her cancer screening covered. More than 40 STRIDE patients were also able to use the donations from Colorado Gives Day to cover their medical costs.

GIVE TODAY!
coloradogives.org/STRIDECHC
HIGHLIGHTS

North Aurora Family Health Services Center

CONVENIENT CARE CLINIC
CONVENIENT CARE CLINIC
STRIDE had a ribbon cutting on August 29, 2018, to celebrate the opening of its new Convenient Care Clinic at North Aurora Family Health Services, a project that was generously supported through grant funding from the Health Resources and Services Administration (HRSA), the City of Aurora, Anschutz Family Foundation, Caring for Colorado Foundation, and The Colorado Health Foundation. This allowed us to be more accessible to our patients and the community by providing walk-in services in the neighborhood six days a week.

SBIRT
The Screening, Brief Intervention, & Referral to Treatment (SBIRT) Technology Project was recognized by the Health Resources and Services Administration as a Promising Practice. The SBIRT is a series of screening tools designed to identify potential mental health and substance use disorders in patients through tablet technology accessed in waiting areas of STRIDE health center locations. The Technology Project began in 2015 through The Denver Foundation’s Community Health Access Fund Grant.

QUANTITATIVE RESULTS
• At the end of FY2017, the Behavioral Health department had seen 14.9% of the overall patient population, the highest in organization history.

• There was a 69% increase in Personal Health Questionnaires (PHQ9s) – a 9-question instrument given to patients in a primary care setting to screen for the presence and severity of depression – completed since the SBIRT Technology Project went live.

• Almost a 100% increase in the utilization of substance use screening tools since going live with the SBIRT Technology Project.
SBIRT Technology

“One of our patients had come in a week ago and was having a hard time filling out the SBIRT forms. I had helped her but she was emotionally in a bad place and didn’t want to finish. I chatted with her about how it was such a good way to be open and honest and if someone needed help, they could get it. Today the same patient came in and the first thing she asked me was if she could fill out the forms on the computer.

Later I was discussing the SBIRT with our center’s Behavioral Health Provider and he shared that he is seeing a lot more patients since we’ve started this project. I shudder to think how many people weren’t getting help because they didn’t say anything or feel comfortable talking about their problems… if you’re having problems with drugs, alcohol or depression, I truly believe that that affects your physical health also. It is all hand-in-hand. I think this has been such an amazing project for helping our patients!”

—Sharon Masten
Jeffco Family Health Services
Last Minute Mammogram Saved Alana’s Life

In 2016, Alana had been in for a routine appointment at STRIDE. During this appointment, her financial screener advised her to get her annual mammogram scheduled because it was covered under Medicaid. Although Alana had been putting it off for months, for some reason, she finally agreed.

Two days after Christmas, Alana received a phone call that would change her life. The results were in from her mammogram, and there was need for a follow-up appointment. Although Alana has been a patient with STRIDE for more than twenty-five years, she never expected a call like this.

“I hate the C-word,” Alana confided. Alana’s father and both grandmothers had battled cancer when she was younger, and she knew firsthand just what a toll this diagnosis could take on a family.

Alana shared how Erin, a Physician’s Assistant at North Aurora Family Health Services, called her the very next day. Erin said she was heartbroken, a sentiment that touched Alana and made her feel truly cared for.

For two years, Alana battled her breast cancer with various complications as it spread to her lymph nodes. Toward the end of 2017, however, she was finally able to “ring the bell” cancer-free!

As Alana reflected on her care at STRIDE – from the small intervention of her screener, which very well could have saved her life -- to the consistent support from Erin that made her feel like family, she shared:

“No one should ever go through this alone. Because of Erin’s care, I never felt like I was alone... knowing that she was there, just a call away, was very comforting.”

Earlier this year, Alana had her follow-up mammogram. She was all clear.
What You Can Expect from STRIDE in 2019 & 2020
A LOOK AHEAD
STRATEGIC GOALS

- THRIVING LIVES
- BEST WORK
- COMMUNITY VOICE
- ACCESSIBLE SERVICES

GIVING
The development of a Major and Planned Giving Program.

30 YEARS
A celebration of 30 years of providing integrated healthcare services in the community.

MULTIVIEW
The launch of MultiView, a new financial software system that will allow STRIDE to have better access to important data that can inform real-time decision making in the healthcare landscape. The utilization of this financial data will become a valuable organizational tool in strengthening mission delivery.

SCHOOL-BASED HEALTH CENTER
The addition of a new School-Based Health Center location at Golden High School, in partnership with Jeffco Public Schools.
DONORS & ...

BOARD OF DIRECTORS
Jean Sisneros, Chair
Mark Schumacher, Chair Elect
Rene Chavez, Secretary
Vincent Atchity, Treasurer
Mohamed Al Shaikhli, Director
Michael Carter, Director
Morgan Honea, Director
Annie Martinez, Director
Tami McGee, Director
Lynn Ramey, Director
Barbara Shannon-Banister, Director

NATIONAL FUNDERS
National Association of Community Health Centers
U.S. Department of Health & Human Services

STATE & LOCAL GOVERNMENT
Arapahoe County Board of County Commissioners
City of Aurora
City of Boulder Parks & Recreation
Colorado Department of Human Services
Colorado Department of Health Care Policy and Financing
Colorado Department of Public Health and Environment
Denver HIV Resources

FOUNDATIONS
Anschutz Family Foundation
American Cancer Society
Centura Health—St. Anthony Hospital
Delta Dental of Colorado Foundation
Denver Health & Hospital Foundation
Kaiser Permanente
Quest Diagnostics
SCL Health—Lutheran
The Colorado Health Foundation

BUSINESSES & CORPORATIONS
5280 Chiropractic
A Line Boutique
AAA Building Maintenance
Abby Sparks Jewelry
Alamo Drafthouse Cinemas
Alliance Healthcare Services
AMC Theaters
America’s Railroad
Ameristar Casino
Anchor Engineering
Arthur Murray Dance Studios
Avarda Center
Bandimere Speedway
Bella Diva World Dance
Birds & Bucks Outdoors
Blackstone Country Club
Blitz Paintball
Bloom Portraits
Bobo’s Oat Bars
Boulder Beer Co.
Breckenridge Grand Vacations
Broken Tee Golf
Charity Golf International
Cherry Creek Dance
Cheyenne Mountain Zoo
Children’s Museum of Denver
Cigna Health & Life Insurance
Clean Fun Promotional Marketing
Clocktower Cabaret
CoBiz Insurance
Colorado Athletic Club
Colorado Ballet
Colorado Railroad Museum
Colorado State Bank and Trust
Comedy Works
Complete Business Systems
Courtney’s Creations & Celebrations
Cumbres & Toltec Scenic Railroad
Denver Botanic Gardens
Denver Firefighters Museum
Denver Museum of Nature & Science
Denver Parks & Recreation
Denver Zoo
Dim Star Creations, LLC
Drew Weilage
Earl’s Restaurant
Eaton Country Club
Eldorado Springs
Equiscript, LLC
Evolution Communications Agency
FirstBank
Flatirons Golf Course
Floyd’s 99 Barbershop
Foothills Credit Union
Forney Museum of Transportation
Fossil Trace Golf Club
Freeman Signs
Garden of the Gods
Gateway Park Fun Center
General Air
Golf Westminster
Grand Design, Inc.
Grossman Plastic Surgery & Facial
Hacienda Colorado
Healthcare AEC
Henry Schein
Henry’s Salon
Hilton Denver Inverness
History Colorado Center
Huwa Reserve All-Natural Beef
iHeart Media
Innovative Office Solutions
Isle Casino Hotel
Kaiser Permanente
Kindness Yoga
KTM Restaurant Group
Lakeside Park Co.
Landrys Seafood Restaurant
Larkburger
Left Hand Brewery Company
Legacy Ridge Golf Course
Lennar Homes
Leopold Bros Distilling
Lewis Bess Williams & Weese PC
Little Man Ice Cream
Lodge Casino
Lucky Strike Lanes
Marie-Louise Vaughn
Mass Mutual Colorado
Max Clothing Outlet
Maya Tux
Metco Landscape
Miners Alley Playhouse
Molly Brown House
Museum of Contemporary Art
Noosa Yoghurt
Old Town Guesthouse
Omni Interlocken Resort
Pikes Peak Ghost Town Museum
Pinery Golf & Country Club
Pinkard Construction
Pro Rodeo Hall of Fame
Professional Document Solutions (PDS)
Quest Diagnostics
Racines Restaurant
Ramos Law
Royal Gorge Route Railroad
Santa’s Workshop
Sea World Orlando
Shanahan’s Steakhouse
Sheraton Denver Downtown Hotel
Snowy Peaks Winery
Sparta Combat League
Staples Advantage
State-38 Distilling
Stoney Creek Golf Course
Sweet Action Ice Cream
Table Mountain Inn
Tagawa Gardens
Tallgrass Aveda Spa & Salon
Tattered Cover Bookstore
The Broadmoor
The Melting Pot
The Palette
COMMUNITY ORGANIZATIONS

Aurora Chamber of Commerce
Aurora Mental Health Center
Colorado Access
Colorado Community Health Alliance
Colorado Community Health Network
CORHIO
Jeffco Public Schools
Jefferson Center for Mental Health
Metro Denver Homeless Initiative
Mile High Behavioral Healthcare
University of Colorado Health

INDIVIDUALS

Leticia Aguilar
Elizabeth Ahlers
Sophia Alires
Mary Amend
Teresa Anderson
Ben Anderson
Tracie Apel
Marilyn Bacon
Jim Balogh
Deirdre Banfield
Jasper Bartolome
Elizabeth Baskett
Erin Baurel
Sarah Benjes
Odette Bent-Buckle
Linda Bibb
Jeremy Bixler
Mark Bokhoven
Scot Brooks
Lisa Brown
Susan Brown
Tanya Bruno
Ravenne Bye
Jason Cardona
Cece Carsky
Priya Chandrasekaran
Sophia Chavez Hilton
Shawneye Clark
Catherine Clark
Mike Coffman
Tammy Coffman
Savita Collier
Will Cook
Laura Coon
Bob & Karen Cunningham
Emily Daniels
Robert Denson
Denise Denton
Jody Dickerson
Gail & Roger Dieckhaus
Bucky Dills
Heather Dolan
Allison Drayer
Krista Enns
Aza Fahed
Daniel Filbert
Dash Fitz
Erin Frazier
Claudia Frey-Grant
Angela & Jason Green Dahnke
DeAnne Greenlee
Kyle Grivette
Kyle Gunther
James Hackbarth
Cheryl & John Haggstrom
Harriet Hall
Angie Harmon
Mary Kay Herman
Kellie Hodgson
Cliff Holmes
Zachary Holmes
Morgan Honea
Kevin Hougen
Adam Hughes
Bo Jaxon
Jeffrey Jerome
Kelly Joines
Lily Juan
Alicyn Kaiser
Melanie Kaufman
Bob Kelly
Lucy Kishbaugh
Lexi Klmy
Kim Kramer
Emily Kuo
Jeremy Lane
Laura & Nik Larson
Heather Logan
Jane Lose
Chris Lynn
Michael Maciolek
Wade Manning
Molly Markert
Jennifer Martinez
Richard McLean
Liza Meier
Shaunti Meyer
Tim Moreau
James Moses
Marc Munz
Hilary Murphy
Dave Myers
Larry Nettingham
Denis Newman
David Nufer
Erika Oakvick
Mark & Sue Olson
Paul Paris
George Peck
Austin Pelster
Bronwyn Pepple
Cheryle Powell
Robert & Libby Price
Zach Price
Joel Ramirez
Christi Reid
John Reid
Kayla Rendon
David Ringelman
Scott Rodman
Cecile Rose
Joseph Sammen
Mitzi Schindler
Mark Schumacher
Kevin Shaw
Kiah Shea
Molly Siegel
Jim Simpson
Linda Skelley
Chris & Molly Smith
Reed & Nicole Smith
Nancy Sonnenfeld
Todd Spacek
Jeffrey Sprout
Kristen Sundin
Allie Sutterer
Laura Swanson
Gabe Tarin
Jonathan Taylor
Jason Thomas
Nancy Todd
Jennifer Trainer
Katie VanderPutten
Marie-Louise Vaughan
Dylan Vidinich
Grace Villalobos
Tyler Watlington
Chuck Weese
Jeffrey Weide
Drew Weilage
Brandy & Jason Whiltow
Ben & Jess Wiederholt
Adam Wildeman
Sue Williamson
Brett Winingham
Clark Witzleben
Pamela Zapien

Volunteers
Sophia Alires
Lucely Arjona Jimenez
Erika Bautista
Susan Brown
Steve Camerer
Cece Carsky
Sung Cho
Shawneye Clark
Nicole Garcia
Freda Gillette
Gi Gi Gonzalez
Rose Hall
Tim Hermann
Gaby Hernandez
Nik Larson
Robert McNiel
Cody Miller
Jorge Olivas-Romero
Arian Opp
Cheryl Pegues
Laura Perez
Libby Price
Kris Sapranz
Colleen Schell
Jamie Sena
Belinda Smallwood
Nancy Sonnenfeld
Gabe Tarin
Nancy Sonnenfeld

We apologize if we missed anyone. THANK YOU!
TO HONOR THE DIGNITY OF EACH PERSON WE SERVE AND PARTNER WITH THEM ON A JOURNEY TOWARDS BETTER HEALTH.

STRIDE is a non-profit organization that has provided medical, dental and community based services to the underserved since 1989.

GIVE TODAY!
coloradogives.org/STRIDECCHC

STRIDE is a Federally Qualified Health Center, a proud member of NACHC and a Federal Tort Claims Act Deemed Facility (FTCA).

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stridechc.org | /stridechc

All are welcome.

Learn more at stridechc.org.